Patrick Mitsuings - Master Personal Development Book List

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1. Mindset & Personal Growth

- **Think and Grow Rich** by Napoleon Hill
  Unlock the secrets of success by mastering wealth-building principles.
- **Awaken the Giant Within** by Tony Robbins
  Take control of your emotions, relationships, and finances.
- **Secrets of the Millionaire Mind** by T. Harv Eker
  Reprogram your financial blueprint for wealth.
- **Psycho-Cybernetics** by Maxwell Maltz
  Reprogram your self-image and unlock your potential.
- **The Alchemist** by Paulo Coelho
  Follow your dreams and discover your personal legend.
- **The Greatest Secret in the World** by Og Mandino
  Learn the timeless wisdom of goal-setting and success. **(Your list: Greatest Mystery)**
- **Neville Collection** by Neville Goddard
  Harness imagination to transform your reality.
- **Outwitting the Devil** by Napoleon Hill
  Conquer fear and negativity for success.
- **Start with Why** by Simon Sinek
  Inspire action by understanding your purpose.
- **Man's Search for Meaning** by Viktor Frankl
  Find purpose even in suffering.
- **Conversations with God** by Neale Donald Walsch
  Discover answers to life's big questions.
- **The Buddha and the Badass** by Vishen Lakhiani
  Blend spiritual wisdom with modern strategies.
- **Max Out Your Life** by Ed Mylett
  Push past your limits and unlock greatness.
- **The Power of One More** by Ed Mylett
  Small, incremental changes lead to exponential growth.

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2. Financial Literacy & Personal Finance

- **The Richest Man in Babylon** by George S. Clason
  Timeless money management principles.
- **Multiple Streams of Income** by Robert Allen
  Build financial freedom through diverse income streams.
- **One Minute Millionaire** by Robert G. Allen
  Simple strategies to create wealth quickly.
- **DotCom Secrets** by Russell Brunson
  Build online sales funnels for business success.
- **Expert Secrets** by Russell Brunson
  Turn your expertise into a thriving business.
- **The Science of Getting Rich** by Wallace D. Wattles
  Align thoughts and actions to attract abundance.
- **Principles: Life and Work** by Ray Dalio
  Life-changing principles from a master investor.

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3. Habits & Routines

- **Atomic Habits** by James Clear
  Small changes lead to transformative results.
- **The Power of Habit** by Charles Duhigg
  Understand and reshape habits for success.
- **Deep Work** by Cal Newport
  Focus on meaningful work by minimizing distractions.
- **The 5 AM Club** by Robin Sharma
  Start your day with purpose and productivity.
- **Own the Day** by Marcus Aubrey
  Optimize daily habits for health and performance.
- **The Miracle Morning** by Hal Elrod
  Build a transformative morning routine.
- **Eat That Frog!** by Brian Tracy
  Tackle your hardest tasks first for productivity.
- **The 7 Habits of Highly Effective People** by Stephen R. Covey
  Key habits for personal and professional growth.

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4. Leadership & Influence

- **Leaders Eat Last** by Simon Sinek
  Build trust and loyalty in your team.

- **Dare to Lead** by Brené Brown
  Embrace vulnerability to create meaningful connections.
- **How to Win Friends and Influence People** by Dale Carnegie
  Master communication and build relationships.
- **The 21 Irrefutable Laws of Leadership** by John C. Maxwell
  Timeless principles for leadership success.
- **Drive** by Daniel H. Pink
  Understand what motivates people.
- **The 48 Laws of Power** by Robert Greene
  Strategies of influence and personal power.

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5. Philosophy & Life Principles

- **Beyond Order: 12 More Rules for Life** by Jordan B. Peterson
  Live a meaningful life with structure and discipline.
- **The Art of Living** by Bob Proctor
  Align with universal laws for happiness.
- **Meditations** by Marcus Aurelius
  Stoic wisdom for resilience and inner peace.
- **The Tao Te Ching** by Lao Tzu
  Discover simplicity and harmony.
- **Letters from a Stoic** by Seneca
  Timeless lessons for overcoming adversity.
- **The Seven Spiritual Laws of Success** by Deepak Chopra
  Align with universal spiritual principles.

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6. Parenting & Relationships

- **How to Talk So Kids Will Listen & Listen So Kids Will Talk** by Adele Faber & Elaine Mazlish
  Improve parent-child communication.
- **The 5 Love Languages** by Gary Chapman
  Strengthen relationships with love languages.
- **Raising an Emotionally Intelligent Child** by John Gottman
  Teach emotional awareness to children.
- **The Road Less Traveled** by M. Scott Peck
  Discover love, discipline, and spiritual growth.

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7. Health & Well-Being

- **The Body Keeps the Score** by Bessel van der Kolk
  Heal trauma by understanding its impact.
- **Why We Sleep** by Matthew Walker
  Discover the importance of sleep for health.
- **Miracles** by Stuart Wilde
  Understand metaphysical practices for well-being.
- **Breath** by James Nestor
  Explore the transformative power of breathing.

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8. Storytelling & Communication

- **Storyworthy** by Matthew Dicks
  Craft compelling, memorable stories.
- **Made to Stick** by Chip Heath & Dan Heath
  Create ideas that captivate and inspire.

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9. Personal Mastery & Success

- **The Science of Getting Rich** by Wallace D. Wattles
  Align thoughts with wealth-building actions.
- **Success Through a Positive Mental Attitude** by Napoleon Hill & W. Clement Stone
  Attract success with an unshakable mindset.
- **The Magic of Thinking Big** by David Schwartz
  Shift your mindset to unlock greater opportunities.

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10. Additional Modern Personal Development

- **The Subtle Art of Not Giving a F*ck** by Mark Manson
  Focus on what matters most and ignore distractions.
- **Greenlights** by Matthew McConaughey
  Find wisdom and inspiration through life's lessons.
- **Tribe of Mentors** by Tim Ferriss
  Gain life advice from world-class achievers.
- **4 Hour Workweek** by Tim Ferriss
  Build a life of freedom with automation and focus.

- **Can't Hurt Me** by David Goggins
  Push past physical and mental limits.

Reading these books will absolutely change your life. Now I know there is two things you might be going through right now.

1. This is a big list, I feel overwhelmed and don't like reading
2. I want to get started and read 5 books a month

I want to let you know that this is maybe 40% of the books i've read and that it took me years to go through the whole list of books.

My point is to take your time. The first thing we want to do is just create the habit of reading and even the habit of investing in yourself.

Start with one book.

I wrote down what each book can give you when you read it. Find one that stands out to you.

Then commit to just reading even a page a day. That's it.

Also buy another book in an audible format. That way when you drive to and from work, when you are doing chores, or have free time, listen to a few minutes of that book.

The ultimate goal is just to get the habit down of consuming new powerful knowledge that can and will change your life.

I now have the habit of reading and listening to books that my life continues to enhance.

Another important note is that this is just a guideline and books that I've read that changed my life. You may read one of these books and find your own way from there on the list you create.

Remember your outer world is a reflection of your inner world.

Happy reading 🙂

Patrick Mitsuing